



# FELLOWSHIP

IN CLINICAL COSMETOLOGY



## A UNIQUE COURSE COVERING ALL ASPECTS OF CLINICAL COSMETOLOGY



### HOW IS COURSE UNIQUE ?

- UNLIMITED LEARNING.... Once the fees is paid, you can attend this course as many times as you want. We will NEVER charge you anythign extra.
- Comprehensive course to get you started in the field of aesthetic medicine.
- Practical course with right mix of theoretical knowledge and practical knowledge.
- Very experienced and certified faculty.
- 60 days whatsapp based support for all the students after course completion.
- Extensive hands on experience for all participants.
- Marketing knowledge.
- Knowledge of setting up and running your center successfully.
- Separate session to cover medico legal aspect extensively.
- Clear and Transparent dealings.

# CLINICAL COSMETOLOGY



## BASIC HYGIENE

- Professional ethics
- Personal and clinic hygiene
- Sterilization and sanitation
- Client handling and people skills
- Bacteriology



## CAUTERIZATION

- Theory of cauterization
- Wart removal
- Mole removal



## SKIN FUNDAMENTALS

- Anatomy and physiology of face
- Skin structure
- Skin aging
- Classification of skin
- Skin analysis
- How to do skin consultations



## MECHANICAL EXFOLIATION

- MDA types
  - Suction by powder crystals
  - Diamond tip
- Theory of exfoliation
- Exfoliation by peels



## PRODUCT KNOWLEDGE

- Skin routine definition
- Important molecules in skin care products
- Product selection for skin conditions and type
- Sun screen and its usage



## CHEMICAL PEELS

- Fundamentals of peels
- Classification of peels (superficial, medium and deep peeling)
- Application of peels
  - Preparation
  - Application
  - Post application care



## USE OF BASIC MACHINES

- Dermascope and skin analysis
- Galvanic and Ultrasonic
- High Frequency
- RF
- URF
- HIFU
- MNRF



## PIGMENTATION AND WHITENING

- Basics of pigmentation
- Types of pigmentation
- Freckles
- Treatments for pigmentation
- Whitening treatments
- Glutathione therapy
- Dermaplaning



## ACNE AND RELATED TREATMENTS

- Fundamentals of acne
- Types of acne: papule, pustules
- Acne treatments

# ADVANCED AESTHETICS & LASERS



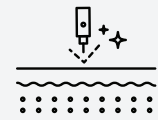
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## LASER BASED PERMANENT HAIR REMOVAL

- PL and LASER based permanent hair removal for all areas of the body
- Treatment protocol for hair removal
- Precautions and considerations



## LASER BASED SKIN REJUVENATION

- Skin toning
- Pigmentation treatment
- Acne and acne scar treatment
- Photofacial using IPL
- Carbon facial using Q Switched ND:YAG



## TATTOO REMOVAL

- Classification of tattoos
- LASER selection for tattoo removal
- Treatment protocol for tattoo removal



## LASER FUNDAMENTALS

- Core Knowledge of electromagnetic spectrum; photons; LASER and IPL
- The difference between LASER and IPL light therapy, and methods of applications for hair removal and skin rejuvenation treatments
- Recap of the anatomy and physiology of integumentary, endocrine, circulatory and lymphatic system in relation to light
- Therapy treatments



## LASER TREATMENT PREPARATION

- Preparation of the therapist and client, working area
- Full consultation
- Tissue analysis & Fitzpatrick scale
- Contraindications
- Aftercare advice
- Clinical outcome
- Clinical side effects
- Full treatment protocol



## OTHER ADVANCED TREATMENTS

- Mesotherapy for skin
- Platelet Rich Plasma (PRP) for skin
- Derma rollers for skin treatments
- Radio frequency and MNRF
- Ultrasonic fat removal
- LED light therapy
- Botox and Fillers fundamentals

# MEDICAL TRICHOLOGY



## BASIC HYGIENE

- Professional ethics
- Personal and clinic hygiene
- Sterilization and sanitation
- Client handling and people skills
- Bacteriology



## HAIR TREATMENT PROTOCOL

- Hair loss cause determination
- Minoxidil in hair loss
- Finasteride in hair loss
- How to develop overall treatment methodology
- Need to blood test in hair loss



## HAIR FUNDAMENTALS

- Structure and function of hair follicle
- Hair life cycle
- Diseases of hair and scalp
- Causes of hair fall
- Alopecia and its types
- Food for hair
- Hair care for growth
- Impact of chemical treatments on hair quality



## BASIC HAIR TREATMENTS

- Elasticity improvement
- Hydration therapy
- Treatment of dandruff
- Product knowledge for hair



## ANALYSIS OF HAIR

- Diagnosis of hair fall and thinning of hair
- Hair analysis with trichoscope
- Hair consultation and treatment finalization



## PRP AND MESOTHERAPY FOR HAIR RESTORATION

- Meso solutions and its impact
- Selection of right meso solution
- PRP overall approach
- PRP kit selection
- Suggested treatment protocol and PRP



## CLASSIFICATION OF HAIR LOSS

- Classification of different hair loss patterns
- Androgenetic alopecia - male and female pattern hair loss
- Alopecia areata
- Traction alopecia
- Telogen effluvium



## OTHER ADVANCED TREATMENT

- Microneedling for hair restoration
- Low Level LASER therapy
- Theory of hair transplant
- Hifu Treatment



## LASER BASED ANTI AGING TREATMENT

- Laser skin toning with Q-switch NDYAG laser.
- Radio frequency and MNRF
- HIFU UL therapy for advance aging

**WE ENSURE EVERY COMFORT FOR OUR STUDENTS  
TO THAT YOUR MAIN FOCUS IS TO ATTEND THE  
COURSE**



## **CENTER DETAILS**

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- Center is in the heart of the city with ample public transport.
- We provide assistance to outstation candidates to find suitable accommodation for them.
- Center is open from 9 AM to 1 PM from Monday to Saturday.

## **ADDRESS**

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5th Floor, 542, Solitaire Business Hub, Wakad, Pune

## **CONTACT**

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8329 8888 54

**WE AIM FOR EXCELLENCE IN EVERY STEP**

## **SUPPORT AFTER COURSE COMPLETION**

- 60 days whatsapp support for all doctors after the end of their course.
- Support in procurement of machines and material in case you need them for your center.
- Marketing and lead generation support for your new Cosmetology Center if needed



**COSMAHEAL INSTITUTE OF  
AESTHETIC MEDICINE (CIAM)**

YOUR  
**JOURNEY**  
TO



**EXCELLENCE**  
BEGINS HERE